



Dedicated to the improvement of our community through awareness and involvement in local issues

(FREE) Local News for the Highgrove Area

## Highgrove MAC Meeting Postponed Due to Power Failure

The zoom meeting held on May 19, 2021 ended when the electrical power went out after about 1 hour into the virtual meeting. Ironically, the power went out during discussions about Edison being able to supply energy to the new houses being built in Highgrove.

Ray Gage wanted to know how many houses are in Spring Mountain Ranch and is concerned about adequate power being supplied to 600 more houses in Springbrook Estates. Dena Guyer said that loss of power to Highgrove occurs about every other month.

The following request was made by Ray Gage to Supervisor Karen Spiegel: "Good morning Karen, Please reschedule the date for the MAC meeting after June 1, 2021 to give the local paper time to let the neighbors know."

The meeting is re-scheduled for June 9, 2021 at 6:30 pm Turn to page 4 for details about the MAC meeting

The agenda included virtual attendence from Supervisor Karen Spiegel, Randall Lewis, of Lewis Group of Companies, and Jophn Hildebrand, Riverside County Planning Director. Others on the agenda who did not get to make comments due to the power outage included representatives from the Highgrove Town Center who want to build 846 townhouses on the 65.2 acres by the school between Center St. and the arroyo. The map on the right shows a proposal for the townhouses that includs an 8 acre site for a grocery store and commercial businesses on the north west corner of the property.

### Public information requested

The following request has been sent to Wendall Bugtai, Land Use Policy Advisor for Supervisor Karen Spiegel; Rob Moran, manager for Riverside County Economic Development Agency and Deputy Director at Riverside County and Community Services. Rob is responsible for implementing business attraction, retention, and workforce development programs through out Riverside County, and John Hildebrand is the Planning Director for the County of Riverside.

Here is what was sent to the above mentioned individuals:

Highgrove is experiencing many drastic changes within our boundaries and I am requesting the following information :

1. How many single family homes were within Highgrove's

846 Townhouses are proposed for 65.2 acres in the middle of Highgrove The vacant land between Center St. and the arroyo has been sold to Foremost Companies. This property has been vacant for many years and is in the middle of Highgrove between the School and the old U. P. R. R. track. The new owner wants to build 846 townhouses on the property shown at the right but 8 acres for commercial use will be retained by the previous owner, Greg Lansing from San Diego. Multi-family dwelings includes apartments and condominiums.



Highgrove Town Center re allowed. (Cont. on P. 4)

# Multi-storied (3+) structures are allowed. (Cont. on P. Retail services needed in Highgrove

# to keep up with popultion growth.

Think about this!

From the east side of the railroad track to the foothills behind Spring Mountain Ranch there are hundreds of homes but there are no stores to serve any part of Highgrove. The only business east of the railroad tracks is Toy Tech on Center Street. Highgrove needs more services and retail businesses. The tax revenue we create needs to stay in Riverside County.

### Murrieta's Field of Historic Flags Memorial Day is more than just one day!



- boundaries east of the freeway before the Spring Mountain Ranch homes were built?
- 2. How many people lived in Highgrove before the new homes were built?
- 3. How many people now live in Highgrove including new residents in Spring Mountain Ranch, D R Horton Homes, and Lennar homes?
- 4. How many new homes will be built in the Springbrook Estates project that is now being graded?
- 5. How many people will be added to the new homes in-Highgrove in the Springbrook Estates project?
- 6. How many people will be added to the new homes in the Highgrove Town Center project?

Where is Highgrove and Who are the people? See page 9 Twenty seven official versions of the stars and stripes have flown over our country. They fly in this field in Murrieta as a tribute to those who have sacreficed to protect our country and guard our freedom. We visited this display on Nov. 10, 2019 and when Ardie was unable to walk, they sent a golf cart to our car and took us for a ride among these beautiful flags.

### Tired of waiting on trains at Center St. or Main Street ? Turn to page 3

#### Highgrove Community Center Hours: Mon-Thur 8am-4pm; Fri 8am-2pm



Contact: (951) 241-7221



#### THE NORTON YOUNGLOVE COMMUNITY CENTER

459 Center Street- Highgrove web site: www.nycchighgrove.com

# FAMILY SERVICE ASSOCIATION

Leila Santamaria Center Manager Priscilla Burton Office Assistant II Office Asst Volunteer Cynthia Kupfer

Hello Community Members,



The City of Riverside and Family Service Association are monitoring county, state and national reports on the impact of COVID-19 and re-sponding appropriately. The Norton Younglove Community Center is closed. Bingo, Sr. Potluck, Linedance, Square dance, Polynesian and Zumba Classes are currently suspended until further notice. <u>Staff is avail-able by telephone at 951-241-7221 should you have questions Monday</u> through Thursday 8 am to 4 pm Friday 8 am to 2 pm.

State of California www.covid19.gov During these uncertain times it is important to receive factual information from reliable sources. Below is a list of trusted agencies.



Now Vaccinating: Individuals 16 or older who live, work, or study in Riverside County. Visit rivcoph.org/covid-19-vaccine to learn more or call 2-1-1 or 951-329-4703 for assistance.

Verify your eligibility or schedule with My Turn: Every California can sign up at myturn.ca.gov or call 833-422-4255 to see if it's your turn to get COVID-19 vaccine. People with a high chance to exposure, high risk, and those 50 or older are eligible for vaccination and can schedule appointments now. If you're eligible, and live or work in certain counties, you can schedule and appointment through My Turn. Appoints are available in Spanish. Building a Healthier tomorrow together. Protect your health, prevent spread. Visit https://curative.com for COVID-19 Test Sites. (test is free of cost) For help, reach out to Curative Customer Success Team at support@curative.com or 888-702-9042.

Additional Vaccine resources: Walmart.com, SBCovid19.com/vaccine and https://www.rivcoph.org/COVID-19-Vaccine.

\*\*C4Yourself Program to help our community families to apply for benefits available to them through Riverside County: CalFresh, Medi-Cal and Cash assistance. This secure website will send your application directly to the county for processing:: www.c4yourself.com. County financial support programs, nutritional and medical assistance: 877-410-8829

\*\*To Report a scam or for help if you or a loved one has fallen victim, contact the AARP Fraud Watch Network Helpline: Call 877-908-3360

\*\* CalFresh: If you need assistance applying, please visit

FeedingAmericaIE.org/CalFresh or call 951-359-4757

\*\*HEREO (Homebound Emergency Relief Outreach) - Once a month emergency food box for those who do not have transportation: Visit <u>FeedingAmericaIE.org/Find-Pantry</u> or call 951-359-4757 to locate your closest pantry.

Family Service Association's Mission: Building community one family at a time, through compassion, advocacy and comprehensive model services, fostering self-sufficiency and sustainable impacts.





Virtual Sessions Available: Tues 1PM and Wed 10:30 am. Bord etailed info Call: Martha 951-329-7867 underthesun-linedance.com

Current Programs

Line Dance

Bailando en Fila



Voluntary Oppor-tunity! Call 951-241-

\*Staff may limit the cleaned and disinnumber of visitors ble. Stay safe and we fected according to inside at any time guidance provided look forward to welto maintain physi-cal distancing by the Center for **Disease Control.** \*All to be screened to enter the build-\*All visitors and staff must practice physical distancing ing ter Has Openings!! at all times - keep \*All must wear a at least 6 feet away face mask or face from one another. and Preschool Programs covering call 951-342-3151. Monday thru Thursday 8AM to KEEP 4PM CALM Friday 8AM to AND 2PM WELCOME SUMMER

details: Call Master Chavez

909-578-4799 www.etkdu.com

Zion Assembly Church of God



Sunday Outdoor Services at 10 AM. For detailed information Call: Pastor Pete Sarry 951-237-

#### soap/water and disinfectant is

\*All high-contact everyone: informed as inforareas inside are



**Our Senior Nutrition** 2337 program is currently 7221 for details. offering frozen meals to registered participants age 60 and above only \*Hand sanitizer, for pick-up on Wednes-To Prevent the spread of COVID-19 days, 11:00 AM To 1:00 and to insure the health and safety of PM. We will make all available to all. attempts to keep you mation becomes availacoming you back soon! Child Development Cen-Free or low cost Early Care HOURS OF OPERATION

Temperatures at 97 degrees officially activates Norton Younglove Community Center as a "Cool Center" for vulnerable individuals, seniors, the disabled, and others in need of temporary relief from the heat, Cool Centers are provided for and open to the public June 1, 2021 through October 15, 2021. For a list of Cool Center sites visit: capriverside.org or call 951-955-4900.



June 15th: Please join us for a Drive - Thru Resource event here at your Community Center! From 2:00 PM - 5:00 PM. Free Food, Resources, and more!

June 25h: Commodities Food Distribution for Highgrove Residents from 8:00 AM to 10:00 AM drive through pick up.

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# HIGHGROVE HAPPENINGS When Trains Block Center St. and Main St. Spring St. Extension Wood Allow Acces To The Iowa Ave. Overpass



This is the west end of Spring St. where Spring St. ends at Transit Avenue.

Spring St. could be extended westward from this point into the 17 acre location that is already owned by the Riverside County Transportation Commission.



This is a view looking eastward from RCTC's vacant field toward Transit Avenue. The arrow shows where the Spring St. extension would begin and proceed westward through this vacant field next to the telephone poles then turn south toward Citrus Ave. and connect to the paved road shown below. This road was built in 2008 and has been blocked off for 13 years.





This old photo states 11 years but Metrolink trains have gone thru Highgrove 7 days a week for 15 years since July 15, 2006. This is near the base of the Iowa Ave. overpass.

In 2009, the Riverside County Transportation Commission paid \$8,625,000.00 for 17 acres so a curved RR track could connect the Perris Valley line trains to the BNSF main line.

But RCTC only needed 38 % of this land for the curved track. This amounts to \$3,277,500 but the remaining 62 % or **\$5,347,500** of this field still remains un-usable and RCTC has labeled this portion an "Uneconomic Remnant". (See *www. highgrovehappenings.net,, "Uneconomic Remnant"*)

RCTC already has over \$5 million invested in their vacant 17 acre field that is just growing weeds but for over 20 years RCTC has opposed using this vacant land for a Metrolink station. For written verification please go to **www.highgrovehappenings. net**. and click on the red article titled: *"RCTC's inappropriate actions to prevent a Metrolink Station at Highgrove 2004 to 2010"* 

Today, Highgrove has thousands of new residents and an extention of Spring St. is needed through RCTC's vacant field so vehicles can get to the Iowa Ave. overpass. The remaining property is needed for a parking lot so commuters could use the existing Metrolink trains that pass through Highgrove 7 days a week between San Bernardino and Oceanside.

For 20 years of written support for a Metrolink Station at Highgrove go to: **www.highgrovehappenings.net** and click on Metrolink, the You Tube Video made on Feb.11, 2009, a concept map, Supporting Docs, Station costs, and others.

If you are tired of being blocked at Center St. by long freight trains or if you want to take your family to the beach on the train, ask your Highgrove MAC and Supervisor Spiegel to encourage RCTC to extend Spring St. through their property and build a Metrolink station on property they already own. Building vehicle crossings over the existing branch line tracks could be done a lot sooner and a lot cheaper than waiting for an overpass or underpass to be built on Center Street. (See P. 5)

could be used when trains block Center Street. Pipe barriers were installed right after RCTC's road to nowhere was built.





### Mixed message?

The sign below states that the 65.2 acres in the middle of Highgrove will be 200 residential lots, 3 water quality basins, 2 park sites, and 11 open space lots but the developer states that there will be 846 townhomes.

This sign was sent to us by a concerned resident who says that this sign may be sending a mixed message.



#### The Riverside County Planning Department states that: <u>NO PUBLIC HEARING</u> WILL BE HELD ON THE AP-PLICATION UNLESS YOU REQUEST A HEARING IN WRITING PRIOR TO THE AFORMENTIONED DATE.

Any person wishing to comment or request a public hearing on the proposed project may submit their comments or requests in writing to the Planning Department at the folloing address: Riverside County Plannng Department

P. O. Box 1409

Riverside, CAWritten comments must be submitted92502-1409no later than 5:00 pm June 18, 2021.

Moreno Valley 4th of July Parade Entry Applications Now Available

The City of Moreno Valley's July 4<sup>th</sup> Parade & Family FunFest begins with a hometown parade. Community members, businesses, churches, non-profit organizations, athletic groups, and other organizations are encouraged to join the parade.

The parade begins at 9:30 a.m. at the intersection of Frederick Street and Alessandro Boulevard and ends at Towngate Boulevard. Over 3,000 residents and visitors line the streets to see a variety of community groups come together and showcase why Moreno Valley is a great place to live. This year's parade theme is **"United We Stand."** 

"I am thrilled for the return of the City's 4th of July Parade and Family FunFest," said Dr. Yxstian Guiterrez, Mayor of Moreno Valley. "I look forward to joining our residents for these very popular events to celebrate Independence Day." The deadline to register is Thursday, June 17, 2021. Parade entry applications will not be accepted after the deadline. Entry applications are available online at <u>www.moval.</u> <u>org/fourth</u>. For more parade information, please contact the Moreno Valley Parks & Community Services Department at 413.3280.

### Highgrove MAC Meeting June 9, 2021

The next meeting of the Highgrove Municipal Advisory Council is scheduled for Wednesday June 9, 2021 at 6:30 pm. To Zoom in on this meeting - type in: **Riversidedistrict2.org** Click on **Karen Spiegel Supervisor District 2** Click on **Our District** 

Click on **Boards-Committees-Commissions Highgrove** MAC

Click on https://zoom.us/i/94607756509?pwd=SWRzeVdIY kJmWkVldE03M25mZG 4ydz09

Once the meeting reaches the public comments section of the agenda the MAC chair will open up public comments and if you want to speak use the hand raise button, the message opinion, or state verbally state that you want to speak.

If you would like to know who the members of the Highgrove Municipal Advisory Council are, if we can get permission, we will print their photo, bio, and contact information.

### Who were these people? And what do they have in common?

Kathy Cochran Adam Ornelas Raul Ochoa Dave Tinker Denis Kidd Rebecca Luther Melanie Zimmermann Joe Barber Jim Wilson Linda Olchawa Jim Danielson Mark Visyak Georglyn Guimond Raina Boal **Beatrice Etchison Debbie** Pierce Steve Crawford Louie Mejia Don Earp Danny DeMuth



Rosemary Wehunt David Melilli

Answer: All of these people have volunteered for Highgrove as members of Highgrove's CSA 126 Advisory Board or the original Highgrove Municipal Advisory Council and I had the pleasure of working with all of them for 26 years between 1991 and 2017. R. A. Barnett



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### Things you should know about Metrolink

Metrolink trains on the IEOC (Inland Empire Orange County) line have gone right through Highgrove since March 4, 1996. In July 2006, the Orange County Transportation Authority created weekend service on the IEOC.

On July 2016, eight Metrolink trains in each direction went between San Bernardino and Oceanside.

Currently, on Monday thru Friday there are Four Metrolink trains in each direction that go through Highgrove without stopping between San Bernardino, Riverside, and Oceanside. Currently, on Saturday and Sunday there are two Metrolink trains in each direction that go through Highgrove without stopping between San Bernardino, Riverside .and Oceanside. For 20 years residents from Highgrove and Grand Terrace have requested that a Metrolink station be built on the vacant property right next to the track that the Metrolink trains use. The Riverside County Transportation Commission owns 17.22 acres of vacant land right next to the track but for 20 years they have refused to build a parking lot and station at Highgrove. From Highgrove it is 7 rail miles to San Bernardino and 3 1/2 rail miles in the other direction to Riverside. A station at Highgrove will not interfere with the Perris Valley

Line Metrolink trains because they have different destinations.

Read about it on: www.highgrovehappenings.net Click on Metrolink, Supporting Docs (click on each line), Station costs, 8 years of comments, You Tube video about location, Concept Map, Click here to compare Metrolink station locations and costs. and RCTC's inappropriate actions to prevent a Highgrove Metrolink station 2004 to 2010.

20 years later we now have the rooftops and a Metrolink station at Highgrove is needed now more than ever on the vacant land RCTC owns that is just growing weeds!

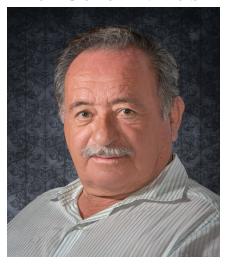


### Obituary Highgrove resident victim of Coronavirus

I just recently found out that my friend Victor Quesada passed away at the age of 72 due to Coronavirus.

He was born in Fullerton, California and went to Sierra High School in Whittier, California. At the age of 19 he served in the military and became a Sergeant in the the Army and served in Viet Nam.

He worked for the Southern Pacific/Union Pacific for almost 50 years.



Vic Quesada Jr. 5-19-48 to 12-26-21

He is one of 8 children and is survived by two heartbroken sons Rick and Chris and one granddaughter Avery Elise. On a personal note, we both had a lot in common because we worked for the railroad even though they were different railroads. On Monday nights we would go to the Eagles for tacos and Vic was usually there.

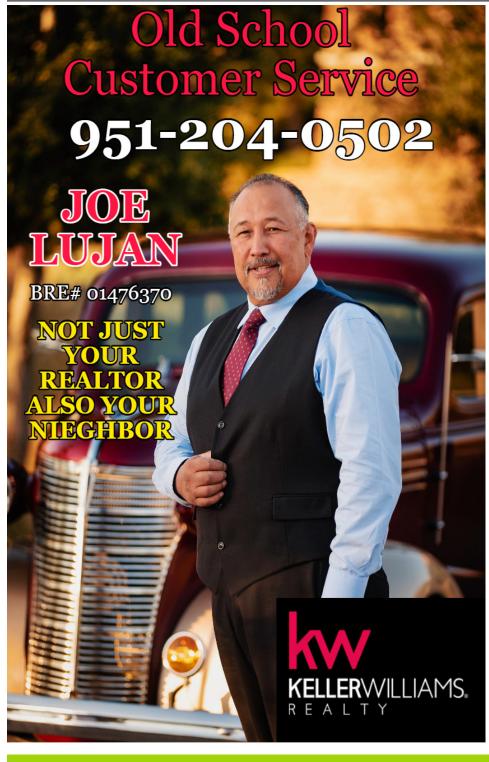
I hadn't seen him for a while so I went to his house to see him and when he didn't answer I left him a note to call me. It was then that I found out from the neighbors that he had passed away. He was a dear friend and we all will miss him!

### Crime Stats 4-20-21 to 5-18-21





Assaults	(5)	Misc. burglary	(1	
Grand Theft	(3)	<b>Residential burglary</b>	(]	
Vehicle theft	(1)	Commercvial burglary	(	
Lieutenant Sean Vickers				





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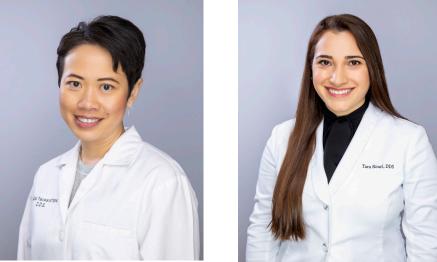
#### **2 LOCATIONS TO SERVE YOU**

#1 450 Iowa Avenue #2 9961 Mission Blvd. Highgrove, CA. Glen Avon, CA. (951) 686 5830 (951) 360 3977

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# Petition to: SAVE HIGHGROVE

Four cannabis dispensaries have already been approved for Highgrove and a fifth dispensary is being considered.

A 24-hour convenience store that sells alcohol is also planned for the corner of Mt. Vernon and Center. All of it is walking-distance from Highgrove Elementary School and the new school and park planned on Spring St.

Tell Supervisor Karen Spiegel to start prioritizing our residents and our children over tax revenue.

SIGN THE PETITION: change.org/SaveHighgrove



### Community Opposed to using old burnt out Building for a Cannabis Store

**On March 31, 2021, new owners of the burnt out building at Center St. and Transit Ave. came to the Highgrove MAC meeting with their plans to make a retail cannabis store at this location. MAC members were opposed to this change.** This building caught on fire one year and 7 months ago on Oct. 29, 2019 and is an embarresmment to our community.and it needs to come down. Please sign the petition opposing the cannabis store by going to: **change.org/SaveHighgrove** 





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**Colton, CA 92324** 

June 2021 Page 7

Sat. 9:00 am - 4:00 pm

# Meet the New Chairman of the Highgrove MAC

Congradulations to the new Chairman Jeff Girod, VIce-Chairman Mussa Khiar and Secretary Jennifer Grob. (The following info. was taken from our May 2020 Issue)

My wife and I moved to Highgrove in 2015 and we were one of the first 100 houses in Spring Mountain Ranch. When I moved in, I was the only house on my block. We had no street lights, traffic lights or road signs.

The first a pack of donkeys ate all of my plants in our front yard and left a "housewarming gift" in the driveway. It was a gamble if the housing development would even suceed, but I wanted a better life for my family. I walk and



Jeff Girod

drive the same streets you do and I see the same issues. My sons and I ride bikes on Center and Mt. Vernon and shoot hoops at the local parks. I buy the local oranges for a couple of bucks and yes, I get stuck waiting for the trains to pass.

As Highgrove grows I want it to be in a way that serves and supports all of its residents and is built for the long term. I have worked in Riverside since 2000, formerly as a reporter for the Press Enterprise and currently at UC Riverside.

I have made it a personal priority to find more ways to give back to a community that I cherrish. I coach youth soccer, basketball, and Little League in Grand Terrace.

I lead a group of 50-100 people who volunteer at Feeding America in Riverside as part of UCR's annual Highlander Day of Servce. I am a volunteer tour guide at the Mission Inn in Riverside and I am a member of a local Toastmasters club that meets Tuesdays at Schools First Credit Union.

I also I am also a member of the United Nations Champions Council for Nothing But Nets.

I do these things because I love my community and the people who live here, and I think we all have an obligation to find ways to give back and support each other, especially to help those who need it most and might not be able to advocate for themselves.

I chose to live here and I hope to retire here, because I love Highgrove, our people, and what we stand for.

I hope I can be your voice on Highgrove's Municipal Advisory Council. Congratulations Jeff!

# The Highgrove Happenings Newspaper whole heartidly supports Jeff Girod as its new MAC chairman!

If you want to contact members of the Highgrove MAC you will have to contact Supervisor Spiegel's office at 4080 Lemon St. in Riverside on the fifth floor. She can be reached by calling (951) 955 1020 or typing in Rivcodistrict2.org.



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FINANCIAL AID TO THOSE WHO QUALIFY!



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#### Where is Highgrove and Who Are the People?

For many years Highgrove was not very well known and many people didn't even know where it was because it is not a city.

It was just an area where orange groves were the main topic of interest until water costs increased and made it more difficult to pay for water to irrigate the orange groves. There were several packing houses but now there is only one left that is still working.

As water costs increased the developers bought up the former orange groves and the land became more valuable because people wanted to get out of the big cities and move to our rural area. Today there are only about 8 acres of orange groves left but the owners are still holding off the developers.

As a long time resident, I was looking forward to having new neighbors and meeting new people. The model homes I visited are now filled with new residents and there are hundreds more I would like to meet. We welcome all of our new residents to our community and hope that we will all be able to communicate and work together to make a better place for all of us to live and flourish. The homes are beautiful and are an asset to Highgrove. When the new homes were started we wanted new residents to feel at home and be proud of where they lived so we ask for and received new street signs that have the Highgrove logo at

that have the Highgrove logo at the top.

But Highgrove is more than just the people in the new homes because some of the residents in the original part of Highgrove have concerns about what is happening to the old part of Highgrove. We do not want Highgrove to be broken up into an old part and a new part. We want Highgrove to be considered as the best unincorporated community in Riverside County.

Highgrove has a historical past and a promising future but it should not be divided into sections.

The Highgrove Happenings Newspaper has been bringing local news to our area for over 25 years and is delivered free to every home in all of Highgrove including the original homes and all of the new homes on the east side of the freeway including Spring Mountain Ranch, D R Horton homes, Lennar homes, and the west side when we are able.

Karen Spiegel took office on Jan. 8, 2019 and I have tried to communicating wth her via e-mail but I have never received a response.

In November 2020 I offered to publish an application form for positions on the MAC but was denied because all applications for the MAC have to go thru Supervisor Spiegel's web site.

At the first MAC meeting on Oct. 30, 2019 all seven new members who were appointed were from Spring Mountain Ranch. I felt this was in-appropriate because I know of at least 2 members from the original part of Highgrove who were not selected. I did not apply but the 2 members who did apply were well qualified. This seems very unfair to the people who have lived here a long time but it certainly is not the fault of any of the people from Spring Mountain Ranch who applied, because they just wanted to volunteer to help their community.

On May 14, 2021 I sent an e-mail to Supervisor Spiegel requesting information that is important to our community. Part of that e-mail states: "But with our May 2021 issue, we have started a new policy: You will no longer see criticism of Riverside County about problems we have had in the past".

But that changed a few days later when I learned that 2 more Spring Mountain Ranch residents had been appointed to the Highgrove MAC.

A total of 9 people have been appointed to the new Highgrove MAC and <u>all of them</u> are from Spring Mountain Ranch. This is unfair!

It is time to stop dividing Highgrove and give all of its residents an opportunty to help Highgrove. What happened to the 2 applications from the old part of Highgrove?

We receive press releases and Email from the CHP, Sheriff, RTA, and City of Riverside but nothing from our supervisor.

We welcome articles from Supervisor Spiegel but according to our recent survey, not everyone gets their local Highgrove news from our Supervisor 's web site.

Information important to our small commity should be distributed through both Supervisor Spiegel's web site <u>and</u> your local Highgrove newspaper.

Shortly after I sent the letter to Supervisor Spiegel I found out that 2 more members were appointed to the MAC which makes a total of 9 appointments and all of them are from Spring Mountain Ranch. This is not the fault of any of the MAC members but it is very difficult to avoid criticising our Supervisor. She is responsible for the appointments so my e-mail olive branch didn't last very long did it?

nd City of Riverside but noth- The E-mail I sent is on Page 10 Community signs from our past



#### Bobbie Kay Forbes (909) 783-8888



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 Brarace, CA, 92313
 jeffrey McConnellBroker.com

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### You Can Quote Me Cynthia Williams, DC

When you hear hoofbeats look for horses not zebras."  $\sim$  unknown

This medical maxim is to help doctors remember that the high majority of signs and symptoms seen are due to typical conditions and not a rare condition or disease. But occasionally... a zebra walks in.

When evaluating a new patient, we start making a mental list of possible diagnoses to consider. The most common and mundane first and going through to the rarest that we may never see in our practice. I would tell my patients "You don't want to be special in my office. Special isn't usually a good thing." I saw "special" patients over the years. Congestive heart failure, multiple sclerosis, Parkinson's, cancer, and other unfortunate conditions that mimicked the mundane back pain and muscle problems that is the bread and butter of a chiropractic practice. I was always sad when they became "special". However none of those "special" cases were "Zebras". Zebra cases are so special, so rare, they often are missed and mistaken for their mundane mimics. Zebra cases are the 1% or even less of any case out there.

My sister was diagnosed as a Zebra eight years ago with a rare cyst condition hiding deep in her liver. It was even more rare in that this condition is usually diagnosed <u>after</u> the patient is found to have liver cancer. Fortunately she did not have any cancer and her treatment was surgery to remove a large chunk of her liver and have some major rebuilding of various ducts and such. She's had her ups and downs but overall my zebra sister has recovered well.

I recently reluctantly joined her Zebra club. Renal aka kidney cancer accounts for about 4% of all new cancer diagnosis in the US each year. That's not Zebra status. I've been found to have Cystic Renal Cell Carcinoma (CRCC). It accounts for



about 1-2% of all kidney cancers. That is my ticket into the Zebra club. But the upside to this particular type of cancer is that after surgery to remove the kidney and the huge tumor on top of it I'm told, as of now, I won't need any other treatment; no chemo, no radiation, and there's the absolute smallest risk of metastasis or reoccurrence. Hey. If you have to get cancer this is the desired outcome. This time the Zebra is my lucky animal! Because this cancer is so rare, "Dr. Google" has nearly zero information on CRCC. To an information junkie and doctor like me, it's frustrating but will be a learning experience. I'm going to have surgery at the only hospital in Bend. Fortunately, even though Bend is a somewhat small city, it's a highly desirable place to live and the country's best doctors are easily recruited to practice here. My surgeon is a top robotics specialist in urology; he kicks butt with his toys. I'm expected to come out in top form, albeit without my right kidney.

By the time you read this, I will be lighter one kidney and the large tumor ("large"- the size of a mini-loaf of pumpkin bread!) Recovery will take a few weeks but I've been here before. It's been eight years since I had a mastectomy for breast cancer. I'm eight years older and not a kid; I am a "Formidable Williams Woman" and plan on kicking some butt again, possibly not as hard and fast this time but I'm planning on not failing to impress with my strength and fierceness and attitude. That's what it takes to get through this.

No one makes it out of life alive. I plan on going kicking and screaming and making a lot of noise and dust on my way out. Just watch me!

#### Copy of E-Mail I sent to Supervisor Spiegel <u>before</u> I found out that two more SMR members were appointed to the Highgrove MAC.

(copies were also sent to Highgrove MAC members) Karen,

In an effort to keep Highgrove residents better informed, I am requesting that you furnish the Highgrove Happenings Newspaper with any information that pertains to the Highgrove area.

For 25 years we have been delivering free local newspapers to every home in Highgrove.

But with our May 2021 issue, we have started a new policy: You will no longer see criticism of Riverside County about the problems we have had in the past.

It is time to combine our efforts and focus on the future of Highgrove and all of its present and future residents.

There are great opportunities in our fast growing community but improvements need to be made to accommodate all of our residents such as a grocery store, retail services, and transportation issues.

All of the homes in Highgrove receive our free newspapers and we want Highgrove to be treated as one unit and not seperated into old and new sections. This can be accomplished by combining our efforts and working together so all of our residents will be better informed about local issues. I hope you will consider sending us information that is important to our community.



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570 E. La Cadena Dr. Suite 1-G Riverside, CA. 92507 Page 10 June 2021 Thank you, "Barney"

R. A. "Barney" Barnett Editor Highgrove Happenings Newspaper 474 Prospect Ave Highgrove, CA 92507 951-683-4994 home 951-255-6648 cell highgrovenews@roadrunner.com www.highgrovehappenings.net

### HIGHGROVE HAPPENINGS Gas Company Shuts Off Gas to Home of Highgrove Happenings



For 5 days the gas was shut off to our home on Prospect Ave. due to a gas leak under the house and we were left without hot water or heat from the furnace from March 9th thru the 13th.

Our house was built in 1900 and is 121 years old and was built on piers. Most of the plumbing under the house has been replaced but all of the gas lines needed to be replaced due to the old gas lines leaking.

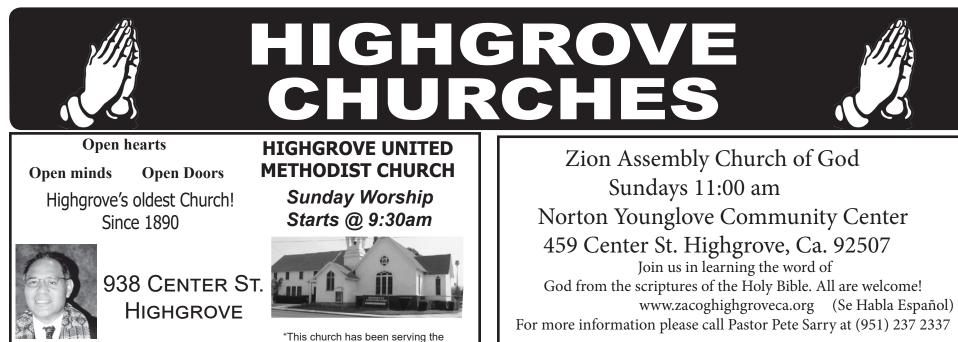
We have restored this home that was bought by my parents in 1947 and this hopefully will be the last thing we have to do to our home.

The following pictures show some of the workers and equipment that was required to replace the gas lines. under the house.



The new gas line comes in a coil and has a yellow plastic coating. I hope this lasts for another 121 years or I want my money back! And yes we paid our gas bill and now it is good to know it is much safer!





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