



Dedicated to the improvement of our community through awareness and involvement in local issues (FREE) Local News for the Highgrove Area

June 2015

Highgrove Day 2015 "American Pride"

Sunshine, Car Show, Free entertainment, Concert in the Park, Woof Gang dogs, T-34 Flyover!



The Inland Empire U. S. Naval Sea Cadet Corp's color guard from MARB presented the colors at the opening everemony at 9:00 am.



Best of Show!

Larry Brown from Highland was given the "Best of Show" award for his Red 1959 Corvette with a white cove. The Corvette has all matching numbers which means if you check the individual part numbers on the car, those numbers will verify that the car has the original parts made for that car. Many parts are interchangeable but few have matching numbers. Congratulations to Larry and thank you to everyone else who brought their pride and joy to our Highgrove Day Car show.



Have you ever seen one of these at a car show on Mother's Day?



Day Z the clown painted faces in all age groups. This little girl's name is Melanie Zimmermann, member of the Highgrove MAC.



The Woof Gang dogs were back again and are shown warming up before they raced down to get the tennis ball and be the first dog to return to their owner. The dogs love it and so do the people who come to see them.

Photos by Kacy Carlsen



The alligator is the mascott from Cal Skate in Grand Terrace.



This cute little girl is Kendall Elliott who is 4 years old. Cont. on P. 6

Highgrove Community Center Hours: Mon-Thur 8am-4pm; Fri 8am-2pm

Highgrove Community Park Hours: Dawn to Dusk Contact: (951) 341-6634 (951) 786-6912





Manager Sherry Morris-Logan

YOUNGLOVE

COMMUNITY CENTER

Activity Specialist Leila Santamaria NICOA Office Assistant Priscilla Burton

NICOA Maintenance

"Family Service Association's Mission is to provide quality human services, child development, housing and senior services to residents of the Inland Empire and Desert Communities."



June 5th and 19th - 8-10am Resource table by Mini Medical School/UCR - hosted by students from the undergraduate, post graduate and medical school levels from University of California, Riverside. Resources and or Presentations can be about a medical problem or diagnosis, provide an explanation for the medical school and residency process, explain the difference between generic and brand name drugs, demonstrate a practical way to Aerodance Exercise shop for healthy food alterative in the neighborhood or Mornings: Monanything that is related improving the health or education of the public. Hawkins Insurance Solutions regarding Senior medical and dental insurance. Leslsie Hawkins Lic#oG75969 951-266-9364

June 5th and 19th - 9 AM - 2 PM County Regional Medical Center Mobile Health Clinic will be here to answers your personal health questions and provide tion services. baselines assessment which include blood pressure and blood sugar (Glucose) screenings at no cost to you. No appointments needed! First come first served basis

June 11th from 10:15AM-11:15 AM County of Riverside order to schedule Depart of Public Health is hosting a (5) week Healthy Eating Series. Join us for the <u>free</u> interactive learning and a live discussion about nutrition, physical activity, and your family's health. Everyone is welcome to attend - Free cookbook and prizes.

June 12th - 9AM- 11 AM Activity Hosted by WK WebstoreWealthy Kids FIT finance education workshop! This incentive program illustrates how Economics or \$8 per week plays a very important part in every day decision making with the introduction of concepts such as incentives, benefit/opportunity costs and choices.







@nycchighgrove

Thurs 9am-10am \$2.00/class.

Sewing Class

\$7.50 per class Wed 10:30-1:30 Call Sandra 951-616-7787 for project materials info and clothing altera-

3-D Gelatin Molding Class

5 students minimum needed to sign up in classes. \$15 class/10 class course.

Completion certifi-

Polynesian Dance Class

Mon & Wed 7:30-8:30pm- Fri 6:30-7:30pm \$3 per class

The Art of Cake **Decorating Baking** Intensive course/25 classes. \$15 per class. Info: Call Marivel 9515 students

minmum needed to schedule a course. Certificate awarded upon completion. 275-6815

E-Taekwondo United

(Taekwondo Class) Mon & Wed 6pm For details please call Master Elvis Chavez 909 - 958-4799 or 909-954-8511

Square & Line Dance

Tue 6:30pm \$6 donation. Info: 909-823-0294 or 951-788-4245 www.riversidesingles swingers.com

Zion Assembly Church of God

Sunday 11:00 AM

For info call Pastor Pete Sarry 951-237-

Come and take a look at: our beautiful banquet hall. Whether you are having a wedding, birthday, anniversary, company or church event; our banquet hall is the place for you. Room capacity is 150 people at a rate of \$100 per hour (Kitchen available for additional flat rate cost). Security needed with all rental event (additional cost). reserve your party's date a \$200 non-refundable deposit is required. For further details contact center's Activity Specialist Leila Santamaria 951 341-6634





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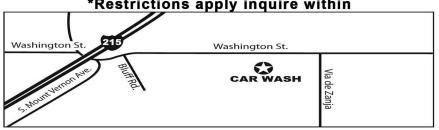
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New Colors of Highgrove T-Shirts avai

If you live in Highgrove you need a T-Shirt that has our Highgrove logo on the front and a 1916 Highgrove citrus label on the back. Some say: "Where Center St. is the main street and Main St. is at the edge of town" Others say: Where half of our main street is in the next county".

New Highgrove T-Shirts 'Highgrove Song"



Music Video \$3.00 DVD \$10.00

Give us a call! (951) 683 4994



New "American Pride" T-shirts now available \$10.00 each

Give us a call! (951) 683 4994

HIGHGROVE SHERIFF REPORT

Part 1 crimes decreased from 7 to 3 for the past two weeks, a 57.1% decrease. Violent crimes, to include Homicide, Rape, Robbery and Aggravated Assault, remained at 1 for the past 2 week period, and the violent crime was an aggravated assault. Property crimes decreased from 6 to 2 during the same period, a drop of 66.7%. Overall, Highgrove currently shows a 3% decrease in Part 1 crimes for 2015 when comparing the same time period of 2014.



Sheriff Dept.: (951) 776-1099 X 5 (Non emergency)

Capt. Jason B. Horton (951) 955 2600 Lieutenant. Kent Werges (951) 955 2637

Hot line tips for Highgrove area: (951) 955-2600

Report Illegal Trash Dumping!

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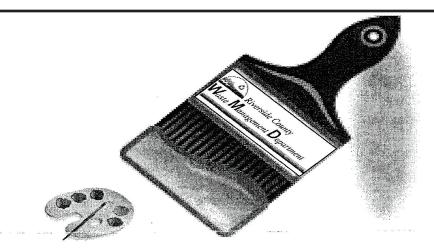
Call Riverside County Waste Management 951-486 3200

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To Report illegal dumping in Riverside County online: http://user.govoutreach.com/riversideco/

Riverside County Code Enforcement Supervising Code Enforcement Officer: Marr A. Christian (951) 385 4131

machrist@rctlma.org



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Monthly newspapers are delivered to

each Highgrove resident along with Public Offices and businesses in Highgrove, Grand Terrace, Colton, Riverside County and Riverside (A minimal transaction fees will be applied)



Maya /al

Geological Rambles and Rumbles

Earthquakes (2)

by Robert Fakundiny

State Geologist Emeritus, New York
In a previous article I discussed
several topics related to earthquakes,
including how they occur and why.
This article address the where and
when of earthquakes and is preceded by a discussion of the magnitude
ratings by which earthquakes are
assessed. Test your knowledge of
earthquakes by trying to answer the
four true-or-false questions that fol-

1.Today's seismologists measure the strength of an earthquake using the Richter magnitude scale. FALSE.

Although the media report most earthquakes in terms of the "Richter magnitude" scale, that scale has not been used by seismologists in more than 4 decades because today's earthquake studies use several newer scales that vary according to the types of seismographs used, the distance between the epicenter and the seismograph, the geologic characteristics of the subsurface, and the parts of the seismic waves that are being studied. The two most commonly used scales today are the Moment Magnitude scale and the Modified Mercalli Intensity scale (MMI).

The Moment Magnitude scale is the one most commonly used in scientific reports. It uses arabic numbers 1 through 10 to designate shaking severity, and the values are similar enough to those of the Richter scale to justify use of the term "Richter scale values."

The Modified Mercalli Intensity scale (MMI) differs from the Richter and Moment Magnitude scales in that it measures the degree of earthquake damage rather than the shaking energy. This scale uses Roman numerals I through X to represent the shaking effects at a given distance from the epicenter. For example, MMI-I denotes the smallest noticeable effect (barely felt, and by only a few). MMI-VI is felt mostly indoors and causes dishes to rattle, walls to make creaking sounds, and the sensation of a truck hitting the building. MMI-VII moves heavy furniture and loosens plaster. MMI-VIII causes severe shaking, with chimneys and factory stacks falling and heavy furniture overturned. MMI-X represents total destruction, with buildings collapsing and rails bending. This approach

allows seismologists to interpret the shaking severity as reported in newspaper articles, diaries, and other historical accounts, and plot them on maps to reveal the approximate location of the epicenter. Such maps commomly show a series of concentric rings whose MMI numbers decrease with distance from the epicenter. Seismologist have estimated the magnitude of earthquakes that occurred before seismographs were invented by comparing the MMI-scale values at the epicenter as inferred from historic accounts with modern momentmagnitude readings.

2. An earthquake with a moment (or Richter) magnitude of 2 has twice the strength of an earthquake with magnitude 1. FALSE.

Magnitude scales are logarithmic (base 10), which means that magnitude 2 earthquake is 10 times greater than a magnitude 1 quake, and a magnitude 7 quake is 10 times greater than a magnitude 6 quake. Consequently, engineers considering a magnitude 8 earthquake must call for structure designs that can withstand an earthquake 10 times more violent than a magnitude 7 earthquake.

3. The epicenter of an earthquake is the place where the earthquake occurred below the earth's surface. FALSE

The epicenter is that place on the earth's surface that lies directly above the earthquake. The corresponding location within the earth is called the hypocenter, or focus, of the earthquake and can occur anywhere from near the surface to depths of 600 miles, depending on the geologic environment. The deepest earthquakes occur mostly in "subduction zones," or places where the oceanic crust is moving into the deeper layers of the earth. The oceanic trenches that circle the Pacific and Indian oceans and a few parts of other oceanic volcanic arcs are subduction zones. 4. The largest modern recorded earthquakes within the lower 48 States were not in California. TRUE.

The largest recorded modern earth-quakes in the contiguous United States occurred near New Madrid, Missouri, where three extremely large events occurred along with thousands of smaller ones during the Christmas/New Year holiday season of 1811-12. The magnitude of those

Cont. on P.5

Volunteers needed for Citizen Patrol and Neighborhood Watch!



At our last two Highgrove Municipal Advisory Council meetings, forming a Citizen's Patrol and Neighborhood Watch was discussed. Among other problems, many Highgrove residents have had their mail boxes broken into and their mail stolen. All of us should be more aware of our surroundings to help look out for each other when we see suspicious activity in our neighborhoods.

Citizen's Patrol:

Sheriff Volunteers provide supplemental services to the communities they serve in many ways. The Volunteers are given patrol assignments to provide extra eyes in areas that are known to be having problems and provide high profile patrol to help reduce undesireable activities.

The Volunteers respond to accident scenes while on routine patrol to assist in traffic control and to provide added protection to the Sheriff and Fire Personnel that are on the scene. The Volunteers are often deployed to assist in searches for missing children or work in the Sheriff office in a variety of jobs from clerical support to shuttling vehicles and equipment for service.

Here are the requirements for becoming a Volunteer:

- (1) Be 18 years of age or older
- (2) Be a legal resident of the United States.
- (3) Have a good driving record
- (4) Never been convicted of a felony.
- (5) Be of good moral character. Two Volunteers, Fred Marcher and Buzz Baviello attended our May meeting to explain what they do. If you are interested in more information please call the Jurupa Valley Sheriff station at: (951) 955 9225



Is your neighborhood ready to resist crime? Or is it a target for Burglars? It's up to you!

Watch

There is a growing need for Neighborhood Watch to make it tough for the burglar. This program will help develop citizen awareness through crime prevention programs by recognizing suspicious activity, suspicious persons or suspicious vehicles. It will also help you learn how to describe and report events, persons, or vehicles.

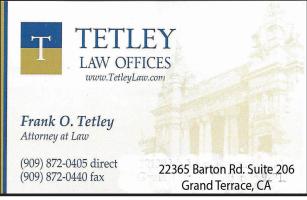
There is also information on home security measures and what to do if you are going to be gone for several days.

And there are forms available to set up a system of contact numbers to communicate with your neighbors if they are home or at work and if you see something that they should know. Do you know your neighbor's phone number if you see something that the Sheriff and the property owner should know about?

Neighborhood Watch is a community based program that has been supported by the National Sheriffs Association since 1972. Residents in thousands of communities have discovered that they can make a difference in preventing crime.

If you are interested in preventing crime in your neighborhood please call: (951) 955 9225

Video available of 30th Annual Highgrove Day-See Advertisement below





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PANCAKE BREAKFAST AT THE FIRE DEPT 7AM- 12PM

The annual celebration in Grand Terrace is called "Grand Terrace Community Day" and will be held again at Rollins Park on DeBerry Street in Grand Terrace. The well attended event runs from 9:00 AM until 2:00 PM. For the past several years the Grand Terrace Chamber paper, the Blue Mountain Outlook Newspaper, has included information about the Highgrove Day which was held on May 9, 2015 and in exchange, the Highgrove Happenings Newspaper includes information about the Grand Terrace Community Day. For more information call Sally at (909) 238 9944.

Geological Rambles and Rumbles from P.4

earthquakes is under debate by historians and by seismologists reviewing records and comparing the extreme Modified Mercalli Intensity (MMI VIII - X) values with moment magnitudes. Those earthquakes were large enough to ring church bells in Boston, Mass.; they also caused the Mississippi River to reverse its flow and produced large sand blowouts along the riverbed. They seem to have had moment-magnitude values of around 8—several times greater than those of the 1906 San Francisco earthquake (magnitude ~ 7.3 to 7.8). Luckily, few people lived on that part of the Mississippi River, which is close to Hannibal, Missouri, the later home of Samuel Clemens (Mark Twain). Seismic activity in the New Madrid area has currently died down, but seismic engineers fear that a similar earthquake at that location today would cause extreme damage to St. Louis and Chicago and to bridges and pipelines between.

Six other notable earthquakes that

have occurred in the eastern United States and Canada are a MMI-X earthquake near Quebec City in 1663, a MMI-VIII off Cape Ann, Mass., in 1755, a MMI-VII in western Tennessee in 1843, a MMI-IX near Quebec City in 1870, a MMI-X outside Charleston, So. Carolina in 1886, and a MMI-X (moment magnitude 7.2?) off the Grand Banks of Newfoundland in 1929. The geological causes of these events are poorly understood and remain under investigation.

Seismologists have been striving to improve earthquake prediction ever since since the San Francisco devastation of 1907, but remain unable to meet the goals of predicting (1) the strength (amount of shaking) to within a tenth of a magnitude; (2) the location to within a 1-mile radius; and (3) the timing to within a few days. Future computer analysis of seismograms may eventually lead to improved methods of prediction, but at present the stresses within the earth that cause earthquakes are too widespread and poorly understood to enable reliable monitoring.



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"American Pride" was theme for 30th Annual Highgrove Day



\$10.00 each (951) 683 4994

After worrying about the weather for several days, on May 9, 2015 the sun came out and the weather was just perfect. It was not too hot or too cold!

Many weeks of planning resulted in a well-attended event that included something for every age group.

This year there were 50 vendors which was more than last year. Vendors were encouraged to pick their spot and set up their EZ UP on Friday afternoon because we had all night security in the Highgrove Community Park from 8:00 pm Friday night until 6:00 am Saturday morning. Also being set up on Friday afternoon was a 40 ft. X 60 ft. main canopy, and tables and chairs and a 20 ft. X 20 ft. canopy for the Kid's Zone.

On Saturday morning at 7:00 am the Family Service Association started serving pancakes at the Norton Younglove Community Center at the south end of the park.

And at the same time, the gates were opened at the north end of the park to allow the show cars to enter the park for the car show. The cars were 1972 or older and many had been pre-registered before the event.

The Highgrove Happenings Newspaper had 4 EZ UPS that was used for the car show registration, where the awards were displayed, and the drawing was held for the merchandise that was available to the chance drawing winners.

At 9:00 am the Naval Cadets

the opening ceremony, the presentation of the colors, and the National Anthem. Our guest speakers included Riverside County Supervisor John Tavaglione from the Second District that includes Highgrove. After his comments the Mayor of Grand Terrace, Darcy McNaboe welcomed everyone to Highgrove Day.

Immediately following the opening ceremony the Woof Gang Dogs were on the program and raced through the grass jumped over the obstacles to get the tennis ball and be the first dog to return to the owner. The dogs hit a lever with their front paws that releases a tennis ball and they race back to their owner. They have been performing for several years at our event and the dogs are very fast and very popular with everyone.

After the Woof Gang Dogs it was back to the main canopy for a performance by the Polynesian dancers on stage. Even the alligator mascot from CalSkate joined the dancers on stage and did a Polynesian dance! Where else can you see an alligator doing a Polynesian dance? That alone was worth the price of the "Free" admission.

Following the Polynesian dancers the Riverside Single Swingers Square Dance group had two squares of dancers who performed. One group of 8 people were on stage and the other 8 dancers were in the grass in front of the stage.

At 11:00 am, 42 members of the Riverside Concert Band took their seats in front of the stage and started playing patriotic music under the direction of Conductor Terry McPherson.

The theme of "American Pride" filled the air with their beautiful music that included themes from the military. The band played from 11:00 am until noon under the canopy. At 11:15 am a T-34 airplane passed over from March Air Reserve Base piloted by Tyler Trickey as part of the "American Pride" marched into the main canopy for theme. The T-34 made 3 passes

Highgrove Day Car Show Winners

Here are the winners for the 2015 Highgrove Day the car show Top 20:

1			
Car # 15	Richard Wyatt	1952 Chevrolet	Fontana.
Car # 67	Roger Narron	1956 Ford PU	Corona
Car # 24	Bob Graham	1947 Ford Coupe	Jurupa Valley
Car # 2	Susan Zamora	1957 Chev. PU	Moreno Valley
Car # 66	Wendall Baker	1965 Shelby Cobra	Grand Terrace
Car # 70	Allen Edwards	1968 Ford Torino	Highgrove
Car # 83	Terry Burbank	1957 Chev.	Riverside
Car # 33	Steve Berman	1957 Ford	San Bernardino
Car # 29	Bob Borkowski	1931 Ford	Highgrove
Car # 23	Richard Hathaway	1937 Ford PU	Riverside
Car # 40	Guy Portillo	1956 Ford PU	Grand Terrace
Car # 58	Sheila Skinner	1955 Chev.	Riverside
Car # 57	Bill Skinner	1956 Chev.	Riverside
Car # 37	Hal Thomas	1957 Chev.	Riverside
Car # 65	Craig Sonia	1947 Buick	Wrightwood
Car # 16	Phil Preston	1957 Ford	Jurupa Valley
Car # 35	Kay Bice	1967 Camaro	Riverside
Car # 31	Harry Alford	1956 Chev.	Riverside
Car # 1	Henry Hemborg	1964 Chev.	Moreno Valley
Special Award Bill Lauer		1916 FWD	Riverside
Best of Show Larry Brown		1959 Corvette	Highland

over the Highgrove Day event as the band played and we thank Tyler for flying over our event just at the right time while the band played the Air Force theme. I would like to thank George Watson for helping coordinate this part of the show and I know he was discouraged that his T-34 airplane he recently bought was unable to make it from Florida in time for our event.

At 11:30 am the Woof Gang Dogs performed again to the enjoyment of everyone. After the second

performance by the Woof Gang dogs, Riverside County Sheriff Deputy Mathew Saidleman and his dog, Django showed how their K-9 deputy assists in crime prevention.

The awards for the car show were announced at 1:30 pm and awards were given to the top 20 winners. The best of show was a 1959 Corvette owned by Larry Brown from Highland. I want to thank the judges who will remain anonymous who judged the cars for me.





Thank you for your help!

I may forget someone but here are people I want to thank for their contribution to Highgrove Day.

Highgrove Day Committee: Dena Guyer, Color Guard, Kid's Zone, Raffle prizes; Melanie Zimmermann, Vendors; Louise Gutierrez, library meeting place and kid's zone; Vince Yu, golf cart, donations to Pancake breakfast and Highgrove Day funds; Becky Luther, entry gate, distribution of flyers; Denis Kidd, covering no parking signs and picking up EZ UP from store in Norco; R. A. "Barney" Barnett was in charge of the Car Show.

Donations: Summit Racing, Stater Bros. Johnson Machinery, Yamaha Golf Carts, Waste Management, EZ UP of Norco.

Financial donations: Highgrove Blossom Apartments, Vince Yu from Zorbas

Highgrove Happenings Newspaper booth: Geri Barnett, Burga Lesser, Sharon Preston, Susan Zamora. Lila Casteloes helped set up on Friday.

Entry Gate: Tammy Mattison, Becky Luther, Trenton Visyak Parking supervisor and hanging banners on fences: Phil Turner

Parking assistant: Jack Jakel

Pancake Breakfast: Sherry Morris Logan & Lela SantaMaria

Car Show Awards, announcing and DJ music: Sounds Divine, Bryan & Pricilla Powell.

T-Shirts: 3 Ring Creative, San Bernardino

Band: Riverside Concert Band Dogs: Woof Gang Dogs

K-9 Dog and handler: Django and Matt Saidleman

T-34 Flyover: MARB Aero Club Tyler Tricky and George Watson

Face painting: Day Z the Clown & Shiela Robinson Generator: Johnson Tractor, Jason Wondolleck

Golf Carts: Don Ritz, Fair Price Carpet, Vince Yu, Zorbas, Yamaha Golf

Carts

Signs: Up Dog Print-Sign-Web, Grand Terrace Alligator Mascott: CalSkate, Grand Terrace

Pony League: Bill Bartel

Video: DarNel Enterprises, Grand Terrace Use of pick-up trucks: Jim Benson, Ron Barnett

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As you can see there was a lot of effort from a lot of people and if I missed anyone who helped, I apologize. Thank you to everyone who helped make Highgrove Day possible and to those who attended this free event.



talia





Geri Barnett is shown by the 1916 Four Wheel Drive Army Truck.



It runs and he drove it into the park!

A special award was given to Bill Lauer who brought his 1916 FWD (Four Wheel Drive) army vehicle on a truck and unloaded it at the park entrance. He also brought a 1918 Howitzer cannon on another trailer that he and his friend unloaded and hooked up to the FWD and then drove them into the park for a display. We appreciate all of the effort that Bill and his friend made to bring these old military vehicles to Highgrove Day for our "American Pride" celebration. Bill's FWD definitely was pre 1972 and it deserved a trophy even though it did not have a registration number.



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30th Annual Highgrove Day had something for everyone!



Kay Bice won with her 1967 Camaro and Terry Burbank with his 1957 Chevrolet



Craig Sonia, from Wrightwood won with his 1947 Buick convertible.



K-9 Deputy "Djengo" and his handler Deputy Matthew Saidleman were at Highgrove Day again this year. Shown below are the pancake cooks.



Members of the Old Farts Racing Team seemed to enjoy kicking back! L-R: Hal Thomas, Bill Skinner, Jim Huss and Phil Preston.



L-R: Mike Monraz, Cecilia Molina, Mary Beltran and Mariana Mendoza Day Z the clown was all around including the kid's zone painting faces









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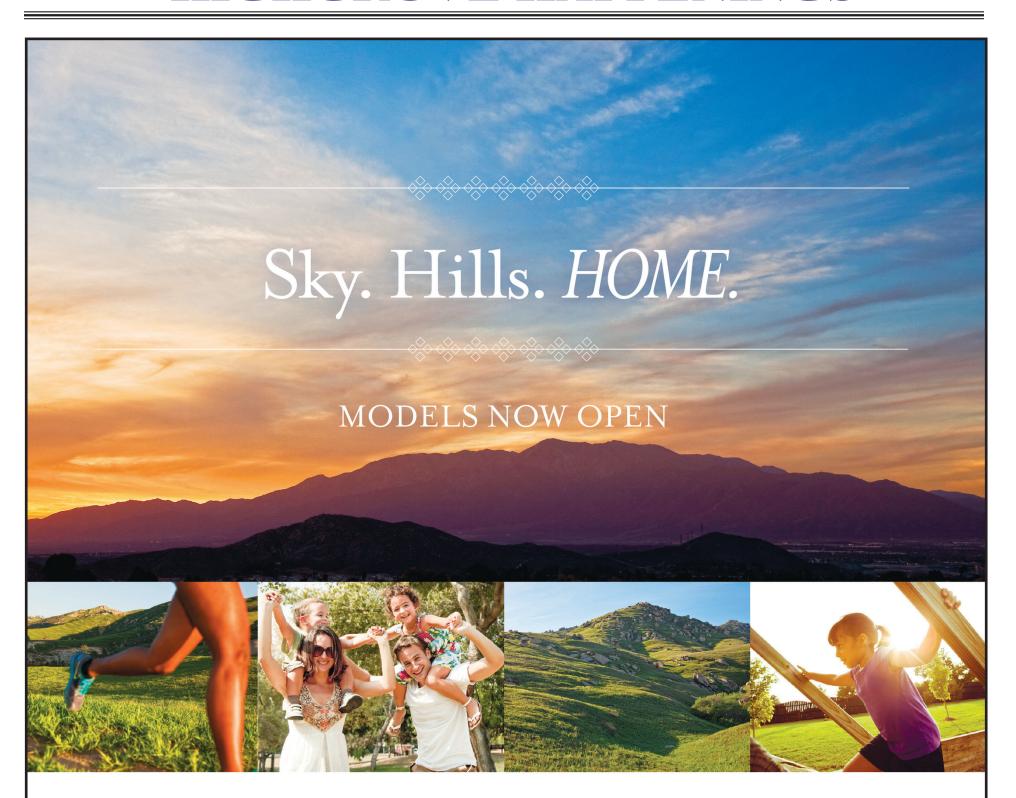


Don't forget that special dad on June 21st



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Information is accurate as of the date of the publication. Models do not reflect racial preference. Not all features are available in all homes. Subject to change without notice.





The Stater Brothers truck is a 1948 Diamond T and they have participated in Highgrove Day for several years including making a donation.



Where else can you see an alligator dancing with Polynesian dancers? The alligator is the mascott from Cal Skate, in Grand Terrace, the Polynesian dancers are from the Norton Younglove Communoity Center in Highgrove and the DJ is Bryan Powell from Sounds Divine DJ Productions. The empty chairs in front of the bandstand were reserved for the 42 members of the Riverside Concert Band that later gave a concert in the park and played patriotic music from 11:00 am until noon.



The weather was not too hot and not too cool and it didn't rain!



The car show was in 5 acres of grass in the Highgrove Community Park.



We had about 50 Vendors this year which is a lot more than we had last year.



We thank Tyler Trickey for the T-34 flyover from MARB as part of our "American Pride" theme. He made 3 passes over the Highgrove Day festivities while the Riverside Concert Band played the Air Force Theme.



Sue Taylor and Don Larkin told us about the G.T. Veterans Freedom Wall



Rare Chino Opportunity • 2.15 Acre Working Ranch

Hard to find property just minutes to city amenities. Remodeled 3BR/2BA home with updated country kitchen, bathrooms, and tile throughout. Two driveways with electric gates and palm tree lined entrance. A dream come true for a horse trainer or possible boarding opportunity. Horse facilities are in tip top condition including 27 stalls (16 covered), 9 wash racks, working arena,



security lights, hot walker, small track, tack room and a 430 bale capacity hay barn. Completely fenced and plenty of parking for RV, trailer, guests and toys. Large patio with a unique BBQ oven and outdoor kitchen area. Nicely landscaped with drip irrigation and brick planters. Easy access to O.C and L.A. Giddy up... let's go riding.



42 members of the Riverside Concert Band played patriotic music at Highgrove Day on May 9, 2015. This year's theme was "American Pride"



All Ardie and Barney did all day was ride around in Don Ritz's Golf Cart



Other members of the Inland Empire U. S. Naval Sea and League Cadet Corp from March Air Reserve Base also participated in Highgrove Day.



The Woof Gang dogs were very popular again!





Here they are getting ready to go after the tennis ball at the other end.



The Woof Gang Dogs race to this tennis ball release box that releases the ball when the dog hits the bottom part of the box then they race back to their owner. I think the dogs enjoy the races as much as the people!



California Dreaming

by Dr. Cynthia Williams

The fact that the majority of Americans look rather healthy (even though the majority are overweight), statistics show that nearly half of all Americans have a chronic condition. The condition could be cancer or arthritis, migraines, or chronic pain from an injury. 90% of seniors have at least one chronic disease and 77% have two or more chronic conditions. This comes out to about 133 billion people and it's estimated by the year 2020 about 157 million Americans will be affected by chronic illness. About 96% of these illnesses, chronic conditions and chronic pain are invisible to us. These people don't use a cane or a wheelchair or any other assistive device so they look perfectly normal to us. A disability cannot be determined solely on if a person is using visible assistant equipmentless than 6% have a visible illness or condition.

Over 9 million cancer survivors have various side effects from treatment that becomes a chronic condition. As a personal example, just one of the permanent side effects of my chemotherapy is numbness in my hands and my feet. It makes it difficult for me to hold and use things, to keep my balance when I'm walking, and other tasks that were considered easy and normal before I ever had treatment for cancer.

Those of us with chronic conditions don't like to announce it; there's a great risk in disclosing

one's illness to others. Employers are reluctant to hire or promote, potential life partners don't want the risk of maybe having to nurse another person, friends won't include them in their plans- particularly if the person with the condition has had to cancel due to their condition. Too often people are accused of being lazy or faking their condition; and worse, frequently a person with a chronic invisible condition is treated with open hostility, disciplined, or just ignored. It is hurtful Someday someone will be there

and it only adds another layer to the problem.

What conditions are invisible? I've already mentioned cancer, arthritis, migraine headaches, and chronic pain from an injury. Millions of Americans- including children and teens- deal with these on a daily basis. All of these INVISIBLE conditions can range from mild to severe, causing some inconvenience to total disability; some you may never heard of * Chronic Fatigue Syndrome--- Bipolar Disorder--- Endometriosis--- Dizziness--- Brain Injuries--- Fibromyalgia--- Anxiety Disorders--- Celiac Disease--interstitial cystitis--- Asthma --Chron's Disease--- Lupus Autism--- Diabetes--- Lyme disease--- Irritable bowel disease--Multiple sclerosis-Narcolepsy Multiple Chemical Sensitivity---Schizophrenia--- Scleroderma---Temper mandibular Joint Disorder (TMJ) --- Reynaud's--- Cystic Fibrosis--- Heart Beat Irregularities --- Depression

Is having a chronic condition or an invisible condition a personal problem only? Statistics show that the divorce rate among the chronically ill is over 75% and depression is 15 to 20% higher for the chronically ill than for the average person. Chronic conditions can strike anyone at any time. Statistically you will eventually be one of the millions of Americans with chronic pain and invisible illness. Be part of the solution of creating an attitude of patience and understanding. Be a friend to anyone you know with a chronic condition. It will mean more to them than you can ever know. Educate yourself about their condition so you understand how they feel. Be an advocate for them by sticking up for them when they are being mistreated and clear a path for them literally or figuratively. for you too.

Phil's Philosophy

By Phil Turner

Opportunity and Challenge

I wrote a few years ago about the potential for growth in Highgrove. Now that growth is very real and evident.

We now have over 1,400 new homes that are being built in Pigeon Pass, a new apartment complex, and I assume, there are many more projects on the drawing board. For local businesses this is all great news. For residents it is a mixed blessing.

The Grand Terrace High School will help accommodate this influx of population, and so will a Metrolink station in the area (more on this in a bit), the overpass on Iowa Ave. and widening of the 215 freeway (more on that as well).

For residents all this means there will be more and expanded businesses conveniently located in the area. It means gentrification, a loss of the rural feel, more regimentation and planning, for good or bad.

There will be more challenges to

traffic, schools, parks, and all of the other infrastructure. Although the 215 Freeway has been widened, there will certainly be more traffic getting off and on the freeway ramps at Columbia, Center, and La

Speaking of the freeways. With decades of construction, and millions of dollars spent, the corridor of the 215/60 from the interchange to Box Springs is still a mess. If one is driving to Moreno Valley or Temecula from Highgrove/Grand Terrace, this corridor is defeatingly crazy. One thinks, "Do I really want to go there, that badly"?

The notion of locating the Metrolink station on Marlborough Ave. instead of in the center of Highgrove is baffling. I know that several years of discussion and barrels of ink have been used on this subject but so far it has been like talking to or writing to a plant!

With all this, the future of Highgrove looks bright if managed properly. It is up to us to see that we elect leaders that make this happen.



The new switch is in place from the BNSF RR that will go to the Perris Valley Line railroad track. The Iowa Ave. overpass is shown in the distance.



This will be the curved track at Highgrove to connect the two railroads.

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Dog Attacks Boy in Highgrove

WEDNESDAY, May 20, 2015 -A 6-year-old boy was attacked by a dog at a Highgrove residence Monday evening May 18th. He was taken to an area hospital where was treated to wounds to his head and body.

CompTIA.

.Office

Riverside County Animal Services responded to the neighborhood after learning of the dog attack from a hospital official. The dog was impounded Tuesday evening.

The boy has since been treated and released, but his injuries were described as serious. He received more than 100 sutures.

According to officers report, the boy had just arrived at a friend's home in his neighborhood. He walked through an open gate and was inside the friend's garage when the attack occurred. The dog was not supposed to have access to the garage, but came through a side door and charged the boy.

Riverside County Animal Services officer Mark Visyak retrieved the dog, a 2-year-old male pit bull, on Tuesday for a mandatory quarantine period.

A hearing will be scheduled to determine if the owner of the dog can retain ownership with restrictions. Animal Services can also request that the dog be humanely euthanized after reviewing the incident in full.

Riverside County Animal Services officials want to remind pet owners that this is National Dog Bite Prevention Week, a public awareness campaign sponsored by the American Veterinary Medical Association. Each year, millions of people suffer dog bite injuries and many of those victims are children.

Dog bites are a preventable injury. For more information about National Dog Bite Prevention Week visit www.avma.org/events/pethealth/pages/dog-biteprevention.



Citrus St. between Highgrove and the Riverside city limits was closed on May 29, 2015 to replace the track on the Perris Valley Line. This old track was replaced to allow new Metrolink trains between Riverside and Perris.



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WORD SEARCH PUZZLE

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The first child 12 or under to turn in the correct answer to the above puzzle will win a prize and get their picture in next months paper. (You can only win once) Take or fax your completed puzzle to the Norton Younglove Community Center 459 Center Street (951-779-3099 fax) during their regular business hours. Good Luck!

NAME:		
AGE:	PHONE:	
PARENTS:		
CITY:		
SCHOOL:		
GRADE:	TEACHER:	
EMAIL.		

The winner for the word search puzzle this month is Clark Jones. Clark is 9 years old and is in the 4th grade at the Highgrove Elementary School. His teacher is Ms. Ogawa.

Congratulations to Clark and good luck to next month's winner. Ther rules are shown above. Good Luck!



aghgrove Library News



FREE Wireless Internet Access at **Highgrove Library** 530 Center St., Highgrove, CA 951-682-1507

Highgrove Library is open on the following days, Tuesday 10:00 am to 6:00 pm, Wednesday 10:00 am to 6:00 pm, Thursday 10:00 am to 6:00 pm, Friday 12:00 pm to 6:00 pm, Saturday 10:00 am to 3:00 pm, and closed on Monday and Sunday. For more information please call 951-682-1507

Advertising rates

The "Highgrove Happenings" advertising rates are the lowest rates in town. If you have already trained your dog to bring in the paper (like the one on the right) you can be assured that he won't be lifting anything too heavy by bringing in our little newspaper. Some of the other larger



newspapers are wasting just too many trees, especially in their Sunday edition. No one should ever ask their dog to lift something that heavy! Our little paper has lots of local news and we take pride in providing you with something free of charge that will fit in the bottom of your birdcage! Give us a call (951) 683 4994 or check out our web site for pricing and sizes of our ads. Go to www.highgrovehappenings.net and click on the contact us page. Call us!

We have no reporters so we are asking for your help. You can be a reporter by just giving us a call or sending us an E-mail or a picture. Small town news is what we are all about and we want to encourage you to participate. We try to print positive things since there is so much bad news on TV and in other newspapers. Send us a story, take a picture or call us about something that is happening in Highgrove. (951) 683 4994



Please visit our Highgrove Happenings website: www.highgrovehappenings.net

Keep in touch: Send us your e-mail addresses to help us keep you informed of activities and projects that effect our community. Send your address to:

highgrovenews@roadrunner.com Highgrove T-shirt prices reduced! (See P.3)

Notice: We have some Highgrove T-shirts in various sizes that have just been printed. They have the Highgrove logo on the front and a picture of a 1916 "Highgrove Brand" orange crate label showing Sugarloaf with an orange grove at it's base. It states: Grown and Packed in Highgrove by Sugarloaf Orange Growers Assn., Highgrove. Call (951) 683 4994





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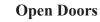
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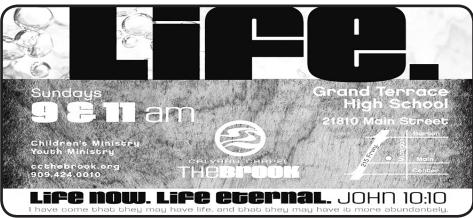
Saturday Evening 5:00 PM Weekly Mon-Fri 8:00 AM Sunday 8:00 AM & 10:00AM (English) 12PM: (Spanish)

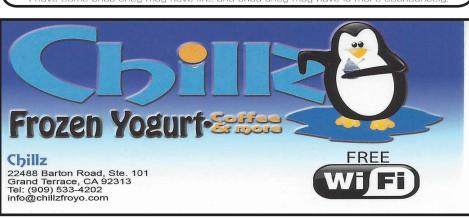
E-mail: christthereedemergt@sbdiocese.org

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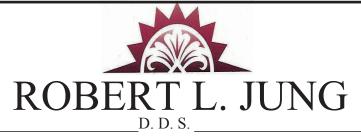












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